

Bio- Identical Hormone Evaluation and Testing Cost and Billing Information

OFFICE VISITS

We will bill insurance companies with whom we have a contract for your office visit. If we do not have a contract with your carrier and you are "out of network" or you have no healthcare insurance your visit will be Self Pay. We have reasonable cash pay prices. You will be asked to pay for your visit at the time of service

Our policy is as follows:

Initial visit:

1. As a new consultation patient you will be billed an extended new patient visit charge (99204). If your visit takes longer than 45 minutes it will be a 99205
2. As an established patient you will be billed an extended office visit (99215) for the extended length of time this initial interview and exam necessitates. Again a visit longer than 45 minutes will also include an extended time code (99354)

The initial new half hour visit will be \$180.00 due the day of service.

Second visit:

Treatment planning – this will also be an extended visit to allow us to review your lab studies together and plan a personalized management program – we will charge an extended standard office visit (99215) due to the extra time and coordination this visit requires. If we require more than 40 minutes we will also bill an extended office visit charge (99354). Cash pay or out of network patients will be required to pay \$180.00 at the time of the visit for a half hour appointment.

Third and Subsequent visits:

Generally these follow-up visits require less time and will be billed as a regular office visit (99214). Cash pay or out of network patients will be required to pay \$90.00 at the time of the visit for a 15 minute visit. Depending on your need to discuss and/or modify your treatment regimen, i.e. if you are having problems or require extra time to discuss your clinical situation, a higher visit code and additional time charges may be required. **30 minutes would be \$180.00**

Please be advised that **if you have a high deductible policy** and we are contracted with your insurer we **MUST** bill your visit and labs - these charges will go against your deductible. Also, if you have a high deductible and it has not been met for the year **you will be personally liable for any and all office charges up to and until your deductible has been met. Please come prepared to pay for these costs** at your visit as you know you are liable for them. We will issue a prompt refund if your carrier pays us.

Testing

We will bill contracted insurance carriers for blood, urine, and stool testing. Saliva testing is not billable. We will ask you to sign an ABN or Advanced Beneficiary Notification for most advanced testing as insurance carriers are becoming increasingly reluctant to pay for advanced testing not offered by standard laboratories often giving the reason that these tests are experimental, or are simply not covered. The ABN states that you want the test and are willing to pay for it should the insurance not pay for it. It will also list the maximum out of pocket you would owe us if your carrier paid nothing. Some carriers will only cover a portion of some specialty testing performed at specialized labs that we may feel is necessary to help diagnose your condition. You will be responsible for paying any cost not paid by your carrier up to the ABN maximum even if your insurance denies payment for the testing, which is the reason for the ABN form.

Lab Cost Guide:

The lab work ordered for each individual will of course be variable based on their unique history and clinical situation. A list of cash prices for the most commonly ordered labs is noted below. **The most common combination** will be a 21-25 combo panel saliva hormone test, stool test and stress hormones (\$345.00), as well as blood work for Thyroid studies, B12, Folate, Iron, and Vitamin D and a blood draw fee (\$223.00), this **totals \$568.00 for a cash pay visit**. Additional testing deemed necessary will be at additional cost.

Cash Pay Test Prices:

Saliva/Stool Testing
Female Hormone Panel - \$ 150.00
Male Hormone Panel - \$ 155.00
Adrenal Stress Hormone Panel - \$ 170.00
Combination Panel 10-15 tests - \$ 230.00
Combination Panel 16-20 tests - \$ 290.00
Combination Panel 21-25 tests - \$ 345.00
Female Cycling Hormone Panel - \$ 350.00
Regular GI Panel - \$ 260.00
Extended GI Panel - \$ 335.00
Saliva Gluten IgA Ab Only - \$ 50.00

Blood Testing
Blood Draw Fee - \$ 20.00
CBC - \$ 16.00
CMP - \$ 20.00
Lipid - \$ 20.00
VAP Cholesterol - \$ 100.00
IGF-1 - \$ 70.00

hs CRP - \$ 30.00
Thyroid - TSH, Free T4, Free T3, rT3, Thyroid Antibodies - \$ 93.00
Thyroid above + Vit D - \$ 133.00
Vitamin D - \$ 40.00
Estradiol - \$ 33.00
Progesterone - \$ 55.00
DHEA - \$ 20.00
Sex Hormone Binding Globulin (SHBG) - \$ 60.00
Testosterone, Free and Total - \$ 75.00
Dihydrotestosterone (DHT) - \$ 99.00
LH - \$ 20.00
FSH - \$ 20.00
PSA - \$ 36.00
Pregnancy - \$ 34.00

Why are cash prices lower than billed insurance charges?

First, insurance billing requires extra staff. This increases our cost of providing your service. Second, we often must wait for months to be paid depending on the insurer. Third, each insurer marks down the billed charge to a level determined by your employer's negotiated fee schedule, which is variable even in one carrier, say Blue Cross. Often this negotiated fee does not cover our cost of specialized testing charged by the laboratory performing the testing for us.

Supplements

We carry and sell pharmaceutical quality nutritional supplements from superior manufacturers that we have personally investigated, and personally take, to make sure that they will provide the benefit we intend them to. If we recommend nutritional supplements at your visit(s) to start or adjust your healing program you will be asked to pay for those at the time of your visit. Please come prepared to pay for these costs at the time of service.